



## **Cranberry Limeade**

*(yield 200 servings)*

### **Ingredients:**

- 3 gal. fresh cranberries \*Get locally\*
- 1 gal. cold water
- 1 gal. Stevia all natural sugar
- 12 ½ gal. seltzer water
- Lime slice for garnish, optional

### **Instructions:**

Blend all ingredients except for lime. Garnish with optional lime if desired.

### **Nutrition:**

Per cup: 64 calories; 0 g fat ( 0 g sat , 0 g mono ); 0 mg cholesterol; 16 g carbohydrates; 1 g protein; 1 g fiber; 2 mg sodium; 144 mg potassium.



*For information on local sourcing for large volume buyers and Wisconsin producers...*



## Local Food Cooking Class for Institutions

### Local Sources for Cranberry Limeaide

#### **Cranberries from Via Farms**

Jeff Noble, Owner

5020 Hwy 12 / Warrens, WI 54666

(608) 343-5020, nobleorganics@yahoo.com

Product: Organic produce, conventional cranberries

Delivery: Yes

**Visit [www.ifmwi.org](http://www.ifmwi.org) for more!**

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